

Meat

USDA Choice Beef Bone-In **Rib Steaks**
\$7.99
lb. Family Pack 3 Lbs or More



USDA Prime Beef Bone-In: Shell, T-Bone or **Porterhouse Steaks**
\$9.99
lb. 16 Oz Pkg



Beyond Meat Plant-Based Beef
\$6.99
20G



Boneless Chicken Breasts
\$1.59
lb. Family Pack 5 Lbs Bag With Club Card & Add'l \$15 Purchase



Grade A Fresh **Perdue Whole Chicken** **\$1.29** lb.
Harvestland Organic Chicken Drumsticks **\$1.99** lb.

Fresh **Whole Pork Spareribs**
\$1.99
lb.



Seafood

Farm Raised **Fresh Atlantic Salmon Fillet**
\$7.99
lb.



Fresh Caribbean **Wild Whole Red Snapper**
\$8.99
lb.



16-20 Count E-Z Peel **Jumbo Shrimp**
\$7.99
lb. Self Serve Bin



Produce

Fresh **Broccoli Crowns**
99¢
lb.



Long **Green Asparagus**
\$1.99
lb.



Fresh From Mexico **Hass Avocados**
2/\$1



8-14 Oz Pkg ... Assorted **House Foods Organic Tofu**
2/\$4



Fresh From Mexico Organically Grown **Hass Avocados**
99¢ ea.



8 Oz Cont ... Whole Baby Button or Whole or Sliced Baby Bella **Giorgio Mushrooms** **3/\$5**

3 Lb Bag **Tropicana Clementines**
\$3.99



Organically Grown By The Bunch **Green Kale**
2/\$4



24 Oz Bag ... Assorted **Green Giant Klondike Gourmet Mini Potatoes**
\$2.99



5 Oz Clamshell Assorted **Organic Girl Salads**
2/\$7



Deli

Store Cut ... Aged 9 Months **New York State Cheddar**
\$5.99
lb. Sliced To Order or Sold By The Piece



Store Cut **Red Wax Gouda**
\$6.99
lb. Sold By The Piece



Hormel 1891 Sweet Virginia Ham
\$5.99
lb. Sliced To Order




Boar's Head OvenGold Turkey
\$9.99
lb. Sliced To Order




Assorted **Fresh Baked Bagels**
\$6
Per Dozen



Everything Bagel Smoked Salmon
\$12.99
1/2 lb. Sliced To Order



Chef Prepared ... Jamaican Style **Meatballs**
\$5.99
lb. Chef Prepared ... Grilled **Chicken Breast**
\$6.99
lb. Our Own ... with Mozzarella & Roasted Peppers **Stuffed Turkey Breast**
\$8.99
lb.



Boar's Head Lacey Swiss Cheese
\$9.99
lb. Sliced To Order



Weekly Specials

BUY 2 PAY \$1.99 ea. With Club Card. Limit 2 Offers.
Apple & Eve Apple Juice
64 Fl Oz Btl ... Natural or Clear (Excludes: Sesame Street)



BUY 3 PAY \$1.99 ea. With Club Card. Limit 4 Offers.
• 8.8 Oz ... Homestyle, Blueberry or Chocolate Eggo Cereal
• 6.96-7.38 Oz Box ... Special K Nourish Bars
• 5.28-5.29 Oz Box ... Special K Bars or Crisps
• 11-13.3 Oz
Kellogg's Special K Cereal
Lesser or Additional Items to Scan at \$2.99 Each.



5 Oz Can In Water or Oil **Bumble Bee Solid White Tuna**
4/\$4 With Club Card & Add'l \$25 Purchase. Must Buy 4.



12-16 Oz Box ... Assorted (Excludes: Manicotti, Lasagna, Gluten Free, Jumbo Shells, Collezione & Plus)
Barilla Pasta
5/\$5 With Club Card. Limit 3 Offers. Must Buy 5.



Lesser or Additional Items to Scan at \$2.49 Each.
4.5-5.3 Oz Cont Assorted Regular, Flip, Complete, or Less Sugar
Chobani Greek Yogurt
10/\$10 MIX OR MATCH!



64 Fl Oz Cont ... Assorted Almond, Cashew or Soy (Excludes: Pure Protein, Almond Coconut, Oat Yeah & Pure Coconut)
Silk Milk
\$2.99



1 Dozen Crtn ... Free Range **Nellie's Extra Large Eggs**
\$3.99



96 Fl Oz Pkg Chocolate or Plain **Horizon Organic Milk 12 Pack**
\$9.99 With Club Card. Limit 4 Offers.



64 Fl Oz Cont ... Assorted (Excludes: Grassmilk)
Organic Valley Milk
\$3.99 With Club Card.



Food Way French Roast or Italian Coffee
\$5.99
lb.



20 Lb Bag White or Parboiled **Carolina Long Grain Rice**
\$7.99 With Club Card & Add'l \$25 Purchase.



5.25-12 Oz Bag ... Assorted (Excludes: Garlic Quinoa Burgers, Brown Bags & Breakfast Sandwiches)
Morningstar Farms Full Line Sale!
2/\$7 With Club Card. Limit 4 Offers. Must Buy 2.



BUY 2 PAY \$1.99 ea. With Club Card. Limit 2 Offers.

64 Fl Oz Btl ... Natural or Clear (Excludes: Sesame Street)

Apple & Eve Apple Juice



Lesser or Additional Items to Scan at \$2.49 Each.

14.5-24 Oz Jar ... Assorted Regular or Plus (Excludes: 22 Oz Homestyle & Farmers Market)

Prego Pasta Sauce



3/\$5 With Club Card. Limit 2 Offers. Must Buy 3.

14.75 Oz Can Premium Wild

Bumble Bee Pink Salmon



\$2.99 With Club Card. Limit 2 Offers.

33.8 Fl Oz Btl Pure or Extra Virgin

Botticelli Olive Oil



\$7.99

Assorted: (Excludes: Gluten Free & 12.2 Oz or Higher Limited Edition)

- 10.1 Oz Pkg ... Thins
- 7.9-9.9 Oz Pkg ... Fudge Covered
- 14.3-15.35 Oz Pkg

Oreo Cookies



2/\$6 With Club Card. Limit 4 Offers. Must Buy 2.

5 Oz Bag ... Assorted **Popcorners Popped Corn Chips**



3/\$5

BUY 3 PAY \$1.99 ea. With Club Card. Limit 4 Offers.

• 8.8 Oz ... Homestyle, Blueberry or Chocolate Eggo Cereal Assorted:

- 6.96-7.38 Oz Box ... Special K Nourish Bars
- 5.28-5.29 Oz Box ... Special K Bars or Crisps
- 11-13.3 Oz

Kellogg's Special K Cereal



Lesser or Additional Items to Scan at \$2.99 Each.

101.4 Fl Oz Can Pure or Extra Virgin **Filippo Berio Imported Olive Oil**



\$16.99 With Club Card. Limit 2 Offers.

7.05 Oz Pkg Ginger Lemon Cookies or 4.25-7 Oz Box ... Assorted

Carr's Crackers



2/\$5 With Club Card. Limit 4 Offers. Must Buy 2.

11.5-14 Oz Box Assorted

Quaker Cap'n Crunch Cereal



\$2.99 With Club Card. Limit 4 Offers.

Assorted: 9-13.5 Oz Bag

• **Tostitos Tortilla Chips**



2/\$6 With Club Card. Limit 4 Offers. Must Buy 2.

Food Way French Roast or Italian Coffee



\$5.99 lb.

473.2 Fl Oz Pkg Half Liter Btl

Nestlé Pure Life Water 28 Pack



3/\$8.99

With Club Card. Limit 1 Offer. Must Buy 3. Plus Deposit Where Applicable.

128 Fl Oz Cont ... Corn, Canola or Vegetable **Crisco Oil**



\$5.99 With Club Card. Limit 2 Offers.

6.5 Oz Box ... Chocolate Chip, Peanut Butter or Dark Chocolate Chewy Dips or 6.1-7.4 Oz Box ... Assorted

Quaker Chewy Granola Bars



2/\$5 With Club Card. Limit 4 Offers. Must Buy 2.

24 Oz Bag ... Assorted

Arnold Whole Grain Bread



\$2.99

192 Fl Oz Pkg Assorted Drinks or **Snapple Iced Tea 12 Pack**



\$6.99 With Club Card. Limit 2 Offers.

13.5 Fl Oz Can Regular or Light

Goya Coconut Milk



\$1.99

12-16 Oz Box ... Assorted (Excludes: Manicotti, Lasagna, Gluten Free, Jumbo Shells, Collezione & Plus)

Barilla Pasta



5/\$5 With Club Card. Limit 3 Offers. Must Buy 5.

18 Oz Cont Quick or Old Fashioned (Excludes: Gluten Free)

Quaker Oats



2/\$5 With Club Card. Limit 4 Offers. Must Buy 2.

96 Fl Oz Pkg ... Half Pint Btl or 144 Fl Oz Pkg ... 12 Oz Btl

Poland Spring Water 12 Pack



\$2.99 Plus Deposit Where Applicable.

13 Oz Bag ... 6 Pack (Excludes: All Other Varieties)

Thomas' Original English Muffins



BUY 1 GET 1 FREE With Club Card. Limit 4 Offers. **SAVE \$4.49!**

7 Oz Pkg ... Assorted **Tate's Bake Shop Cookies**



\$3.99

15.5 Oz Can ... Chick Peas, Black, Red Kidney or Pinto (Excludes: Cannellini & Pink)

Goya Organic Beans



4/\$5

DAIRY

64 Fl Oz Cont ... Assorted Almond, Cashew or Soy (Excludes: Pure Protein, Almond Coconut, Oat Yeah & Pure Coconut)

Silk Milk



\$2.99

21.2 Oz Pkg ... Assorted Flip or Regular

Chobani Greek Yogurt 4 Pack



\$3.49

1 Dozen Crtn ... Free Range

Nellie's Extra Large Eggs



\$3.99

32 Oz Cont ... Plain, 0% Vanilla or Triple Zero Vanilla

Oikos or Dannon Greek Yogurt



\$4.99

6 Oz Cont Assorted

La Yogurt Yogurt



10/\$6

64 Fl Oz Cont ... Assorted (Excludes: Grassmilk)

Organic Valley Milk



\$3.99 With Club Card.

- 24 Oz Pkg ... Strawberry Fruit on the Bottom
- 24 Oz Pkg ... Traditional Coffee
- 21.2 Oz Pkg ... Assorted Light & Fit
- 16 Oz Pkg ... Assorted Activia

Dannon Yogurt 4 Packs



\$2.99

5 Oz Cont Assorted

Silk Oat Yeah Oatmilkgurt



3/\$5

Boar's Head® Lower Sodium Ham



\$9.99
lb. Sliced To Order

Imported
Ammerlander Swiss Cheese



\$6.99
lb. Sliced To Order or Sold By The Piece

Hormel 1891 Sweet Virginia Ham



\$5.99
lb. Sliced To Order

5 Oz Pkg ... Pre-Sliced Assorted
Applegate Organic Cheese



\$3.99

4 Oz Pkg ... Antibiotic Free
Genoa Salami, Pork Pepperoni or
Applegate Turkey Pepperoni



\$4.99

6 Oz Pkg ... Antibiotic Free
Applegate All Natural Salami Trio



\$7.99

Genoa or Hard
Magifico Salami



\$5.99
lb. Sliced To Order

8 Oz Cont Assorted
Tribe Hummus



2/\$4

Tuna Salad



\$7.99
lb.

Store Prepared
Broccoli Crunch Salad



\$5.99
lb.

Everything Bagel Smoked Salmon



\$12.99
½ lb. Sliced To Order

4 Oz. Pkg
Echo Falls Scottish Salmon



\$8.99

Egg Salad



\$6.99
lb.

CHEESES OF THE WORLD

7 Oz Pkg
Supreme Brie



\$4.99
Sold By The Piece ... Store Cut Supreme Brie: \$10.99 lb.

Store Cut Imported
Danish Blue Cheese



\$8.99
lb. Sold By The Piece

Store Cut Imported
Parmigiano Reggiano



\$12.99
lb. Sold By The Piece

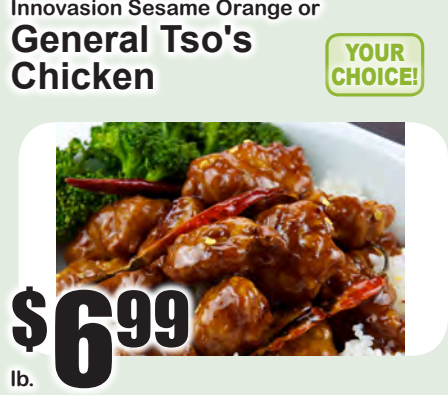
6 Oz Cont ... Assorted
President Crumbled Feta Cup



\$4.99

FROM OUR CHEF PREPARED KITCHEN

Innovation Sesame Orange or
General Tso's Chicken



\$6.99
lb.

12 Oz Pkg ... Assorted
Blount's Family Kitchen Dinner Bowls



\$4.99

4 Count Pkg
Vegetable Spring Rolls



\$3.99

Chef Prepared ... Jamaican Style
Meatballs



\$5.99
lb.

Chef Prepared ... Grilled
Chicken Breast



\$6.99
lb.

Our Own ... with Mozzarella & Roasted Peppers
Stuffed Turkey Breast



\$8.99
lb.

BAKERY

Fresh Baked
All Butter Mini Croissants



\$3.99

Chocolate Chips or Oatmeal Raisin
Fresh Baked David's Cookies



\$5.49
24 Pack

• 12 Oz Pkg ... Brownie Bites or 4 Count Large Eclairs
• 9.5 Oz Pkg ... 5 Count Mini Eclairs
• 8 Oz Pkg
Superior on Main Mini Black & White Cookies



\$3.99

KOSHER CERTIFIED 

24 Oz Pkg ... 8" Baked (Excludes: No Sugar Added) Lemon, Lemon Crunch or
Apple Pie



\$4.99

FROZEN

5.25-12 Oz Bag ... Assorted (Excludes: Garlic Quinoa Burgers, Brown Bags & Breakfast Sandwiches)
Morningstar Farms Full Line Sale!



2/\$7
With Club Card. Limit 4 Offers. Must Buy 2.

8.5-10.38 Oz Pkg Assorted
Lean Cuisine Favorites



4/\$10

32.7 Oz Pkg ... 24 Count Buttermilk Pancakes or 23.2-29.6 Oz Box Assorted
Eggo Waffles



\$4.99
(Excludes: All Other Varieties)

10.7 Oz Box ... Blueberry, Vanilla Buttermilk or Brown Sugar Cinnamon (Excludes: All Other Varieties)
Kashi Protein Waffles



\$4.99

8-14 Oz Pkg ... Assorted
Nuggs Simulate Chicken



\$4.99

15.1-16.4 Oz Box ... Assorted
Newman's Own All Natural Pizza



\$5.99
With Club Card. Limit 1 Offer.

1 Pint Cont Classic or Vegan
Van Leeuwen Ice Cream



\$5.99

14 Fl Oz Cont ... Assorted Non-Dairy Desserts or
Häagen-Dazs Ice Cream



\$4.99

48 Fl Oz Cont ... Assorted (Excludes: All Natural)
Turkey Hill Ice Cream



\$4.99

3/\$10
With Club Card. Limit 2 Offers. Must Buy 3.

Grass Fed ... Boneless
Thomas Farms
Shell Steak



\$9.99
lb.

Regular or For Flanken
Beef Chuck
Short Ribs



\$5.99
lb.

Shoulders or Shanks
Cut Up
Mutton



\$3.99
lb.

USDA Choice ... Fresh
Blade Bone

American
Shoulder
Lamb
Chops



\$5.99
lb.

Fresh
Loin
Veal
Chops



\$12.99
lb.

12 Oz Pkg
Assorted
Aidells
Sausage or
Meatballs



\$4.99

USDA Grade A ... Fresh All Natural

Urban Meadow
No Antibiotics Ever
Boneless
Chicken
Breast



\$3.99
lb.

16 Oz Pkg ... Fresh All Natural
99% Fat Free

Shady Brook Farms
Ground Turkey
Breast or
Fresh All Natural
Boneless Breast For Scallopini or
Turkey Cutlets

\$4.99

Harvestland
Organic
Whole
Chicken



\$2.99
lb.

Empire Kosher
Chicken
Quartered
Legs



\$2.99
lb.

Teva Kosher
Ground Beef



\$8.99
lb.

Harvestland
Organic
Boneless
Chicken
Breasts



\$6.99
lb.

FRESH SEAFOOD

Wild Caught
Previously Frozen
Cod Fillet



\$6.99
lb.

2 Lb Bag ... 31-40 Count Per Lb
Peeled

AquaStar
Cooked
Shrimp



\$16.99

2 Lb Bag ... 21-25 Count Per Lb
Peeled & Deveined

AquaStar
Raw
Shrimp



\$15.99

Farm Raised
Fresh
Atlantic Salmon
Fillet



\$7.99
lb.

PRODUCE

3 Count Pkg ... Fresh
Romaine
Hearts



\$2.99

Waxed
Yuca



79¢
lb.

Washington State ... Extra Fancy
Cosmic Crisp
Apples



\$2.99
lb.

Northwest ... US #1
Bartlett
Pears



\$1.99
lb.

By The Head
Fresh
Cauliflower



\$2.99

16 Oz Pkg ... Sweet Potato,
Zucchini, Red Beet or
Butternut Squash

Great Meadow Farms
Spaghetti Style
Vegetable
Noodles



\$4.99

2 Lb Bag ... Peeled
Green Giant
Baby Carrots



\$2.99

Beefsteak
Tomatoes



\$1.99
lb.

Super Select
Cucumbers



3/\$2

Washington State ... Extra Fancy
Honeycrisp
Apples



\$2.99
lb.

Organically Grown
By The Head
Fresh
Cauliflower



\$3.99

Organically Grown
12 Oz Bag
Pero Family Farms
Snipped
Green
Beans



\$4.99

Organically Grown
8 Oz Cont
White or Baby Bella
Sliced
Mushrooms



\$2.99

Organically Grown
1 Lb Bag ... Peeled
Baby
Carrots



2/\$5

20 Oz Cont
Aurora
5K Omega
Mix



\$9.99

Organically Grown
US #1
Yellow
Lemons



5/\$5

8-14 Oz Pkg ... Assorted
House Foods
Organic
Tofu



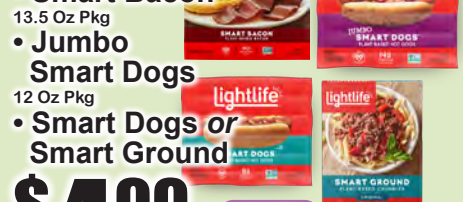
2/\$4

Organically Grown
Washington State
US Extra Fancy
Gala
Apples



\$1.99
lb.

Lightlife
5 Oz Pkg



\$4.99

Organically Grown
Dry Pint Cont
Grape
Tomatoes



2/\$7